

[CENTER FOR DISEASE CONTROL](#)

For up to date information from the Center for Disease Control on how it spreads, how to protect yourself and your family, disinfect your home, and recommendations for managing anxiety and stress. These subcategories are all on this page.

[WORLD HEALTH ORGANIZATION](#)

For information how the virus is impacting the world, frequently asked questions, travel recommendations, and providing answers to myths about the virus.

[KCMO GOVERNMENT](#)

For active updates about changes in our local community and relief that is being offered.

